



Executive Links

A newsletter of the Executive Women's Golf Association – Seattle Chapter
July 2009

Chapter Championship – Registration Deadline is July 2!

By Pam Jerpe, Chapter Championship Director

Have you signed up for the upcoming Chapter Championship yet? This is one of the highlights of our golfing season. The Seattle Chapter Championship event will be held at Gold Mountain Golf Complex on the Olympic Course on July 18 starting at 10:00 a.m. Gold Mountain has hosted our Chapter Championship numerous times over the years and is a first-class facility and wonderful venue.

As usual, there will be two competitions going on the day of the Championship. The Stroke Play competition is standard 18-hole golf where you compete against other players of your own skill level. The Stroke play competition takes place in flights with winners for both low gross and low net advancing to the Pacific Northwest Sectional Semi-Final Tournament at Ridgecrest Golf in Nampa, Idaho, on August 29, 2009. Here are the flight breakdowns:

Championship Flight	0 – 8.0
First Flight	8.1 – 16.0
Second Flight	16.1 – 24.0
Third Flight	24.1 – 32.0
Four Flight	32.1 – 40.4

Our other competition is the ever popular Scramble Team Play. Put your team together and sign up today! The rules have changed a bit this year. Each Scramble Team can only have one player with a handicap less than 16.0. Keep in mind your team must also have a total factor of not more than +2 or less than -4 at the close of registration to qualify for the event. The low net scramble team will advance to Sectional Semi-Final. The handicap breakdowns that establish your team factor are as follows:

0.0 – 8.0	+2
8.1 – 16.0	+1
16.1 – 24.0	0
24.1 – 32.0	-1
32.1 – higher	-2

Upcoming Events Mark Your Calendars

July 8
Board Meeting

July 11
**Weekend Fun Play at
Gold Mountain /
Championship Practice
Round, Gorst**

July 18
**Seattle Chapter
Championship
Gold Mountain, Gorst**

July 25
**Short Game Clinic at
Newcastle**

July 25
**Weekend Fun Play at
Kayak Pointe
Stanwood**

July 26
**League Session #4
Registration Deadline**

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Redmond, WA 98053



Hotline: (206) 781-5813
www.ewgaseattle.org
info@ewgaseattle.org

An e-mail blast was sent out on June 5th, with a reminder on June 23, that included a link to the Registration form and Participant Information forms. Be sure to download them from the website today so you can sign up for this great event! **Registration forms must be mailed and postmarked by July 2, 2009.**

Year-End celebration and banquet – Save the Date

By Susan Fay, Social Chair

Planning is underway for the Year-End Event and Banquet. The date, time, and location are as follows:

Date: Thursday October 22, 2009
Time: 5:30 p.m. – 8:30 p.m.
Location: Seattle Tennis Club (*yes a Seattle location this year!*)

More information to follow.

League Updates

By Kathy Wegner and Cathy Rouske, League Chairs

Sessions Signups are Popular—Don't Miss out

We are halfway through the season and we are pleased with so many large turnouts at many of our courses. Some courses are full for the third session so we would encourage you to sign up now for the last session. Our weather certainly did cooperate for session two--let's keep it coming!

We would like to welcome new coordinators at Bellevue Muni, Carolyn Hinderberger and Diane Page, thank you for helping us out. Also a thank you to Bonnie Lindner for "running the show" during session one and the start of session two at Bellevue Muni, especially with all the demands of being our Chapter President. We will be "passing the baton" at the end of this season, so if you are interested in being one of the league coordinators, please contact one of them at leagues@ewgaseattle.org.

Chapter Championship Perspective from Cathy Rouske

Last year was my first time participating in a scramble team and I thoroughly enjoyed the experience. You can participate in a scramble team format or individual play. I wish all the participants good luck, great shots and blue skies. (Note: See separate article for Chapter Championship registration details.)

Golf Quotes from Your League Chairs

Here are a couple fun golf quotes provided by Cathy Rouske:

"It took me seventeen years to get to 3,000 hits in baseball; I did it in one afternoon on the golf course."—Babe Ruth
"The first time I played the Masters, I was so nervous I drank a bottle of rum before I teed off. I shot the happiest 83 of my life."—Chi Chi Rodriguez

Happy Hitting,
Cathy and Kathy

Sponsor Corner

By Donna Becker, Sponsorship Chair

My Weekend at The Grand Del Mar Resort

Susan Bluhm/Stellar Travel Co-President, Golf Travel Specialist – June 17, 2009

With arched doorways, verandas overlooking the beautiful golf course and luxurious but comfortable surroundings, the resort spared no expense to create a memorable vacation experience for its guests.

I was fortunate to be invited for a travel industry golf event weekend at The Grand Del Mar, so I thoroughly inspected some of the 249 rooms (including the 3-bedroom villas), the meeting space, spa, six restaurants, four swimming pools, wedding chapel and the golf facilities.

A local San Diego developer spent \$300 million to create a lavish, European-style resort in the middle of the pristine Los Penasquitos canyon preserve about 20 minutes north of the San Diego airport. Crown jewel is the five diamond "Addison" contemporary French restaurant with its 2,500 bottle wine room and exquisite service for only 80 guests. (Even if you don't dine at Addison, I recommend a cocktail on the restaurant's bar terrace overlooking the 18th hole).

And the golf was fantastic. The Tom Fazio-designed 18 hole course was originally built in 1999 as the Meadows Del Mar. Winding up and down the scenic valleys of the Los Penasquitos preserve with varying elevation and championship quality, only private members and resort guests may play here. Forecaddies take the place of GPS, providing helpful yardages, strategy and lost ball assistance. Our caddie Joe shared high-fives and genuine delight when our putts rolled in the cup after his professional advice. The teaching facility and staff are top-notch under the direction of Shawn Cox, PGA Professional and former UW Husky football Hall-of-Famer. I thoroughly enjoyed my swing lessons with Shawn and Robert Gensler, Head Golf Professional, and, after two days of instruction, came away with a sense of real improvement.

Nearby activities include miles of beaches, art galleries, shopping and cultural activities. The resort provides transportation to these areas for its guests but I didn't want to leave the resort. Various packages are available, some including golf or spa. In addition, Stellar Travel guests at The Grand Del Mar will receive complimentary daily breakfast for two in their guestroom or at one of the resort's dining options; a \$50 or \$100 resort credit per stay and complimentary upgrade at time of booking based on availability.

Still Looking for Help with Your Game?

By Dee Sweeney, Education Chair

We still have some clinics left at The Golf Club at Newcastle and Heron Links for you to take advantage of before the summer is over. Depending on demand, we may schedule some more sessions, so stay tuned. In addition, our mentors have been getting together with their mentees on the course, in the coffee (and wine) shops, and online to discuss and enjoy this game called golf. So if you are looking for a little help with your game, don't let the summer pass you by!

The Golf Club at Newcastle - Saturday Morning Clinics

We have two more one-hour clinics to be held at The Golf Club at Newcastle at 10:00 a.m. On Saturday, July 25, the format will be chipping and pitching and on September 12' the format will be bunker/sand shots.

The cost is \$41 per each one-hour clinic. The deadline for signing up is one week before each clinic date, space available. See our website for sign-up information and details about the clinic. For questions about these clinics please contact the Clinic Coordinator, Debby Andresen at girlsforegolf@hotmail.com.

Golf Coaching at Heron Links Wednesday Night League

Swing Doctors has teamed up with our Chapter's Heron Links League on Wednesdays at 5:40 p.m. to provide a series of on-course group coaching for our new golfers. You can pre-register for an entire 5-week session or take a chance there will be openings for substitutes or guests (maximum of 16 players per night). Cost of the optional coaching (\$10 /wk) is separate from, and in addition to, the cost of league play. In addition, a complimentary 10 minute practice session is provided by Swing Doctors each week before league play.

For questions, email the Heron Links League Coordinators at: Cherie Litson at Cherie.litson@sonosite.com or Beth Lee at bethl@jpcarchitects.com. For individual lessons call Swing Doctors direct at 425-823-2100.

GolfTEC's Special Group Offer

Several of our members are enjoying the golf fitness class at GolfTEC's Bellevue studio this summer. GolfTEC would be happy to provide additional opportunities to our members so if you are interested in tuning up your game or golf fitness give them a call direct at 425-454-7956.

For additional information about our clinics or the S.W.I.N.G. program go to <http://www.ewgaseattle.org/education>. For questions about the clinics or if you are a new golfer who would like a buddy on the course please e-mail Dee Sweeney at education@ewgaseattle.org.

Weekend Events Update

By Tammy Curtis, Events Chair

2nd Half Events Postcard

The postcard listing the weekend golf events for the 2nd half of the season has been mailed to all members on record. Please check out the events website at [insert link] for additional information and to register for these great events.

EWGA Seattle Komen for the Cure Event

Were you bummed you missed the Pink Ball Tourney at Legion earlier in the year? Were you there and had so much fun that you want to give it another whirl? Well, here's your opportunity! Sign up today for the September 13th event at the Snohomish Golf Course. In tangent with the tourney, we'll have a couple of special activities during the day to benefit Komen for the Cure—more on that later. What are you waiting for?

Participation in Seattle Chapter Events is a Membership Benefit

By Bonnie Lindner, Seattle Chapter President

Just a quick reminder that participation in Seattle Chapter events is a benefit of belonging to the EWGA. While we encourage guest participation as noted in our events policies and procedures, the following are our Chapter guidelines:

- EWGA welcomes non-members to participate in a maximum of 2 golfing events.
- Guests may participate in two 18-hole weekend events or two 9-hole League Play evenings, or a combination of each.
- Spouses or Significant Others are welcome at all “Member/Guest” events, but must join the Chapter to regularly participate in events scheduled for members.

I have requested that our events and league coordinators be diligent in ensuring that our members receive the benefits they are paying for by adhering to the guidelines noted above. If you have any concerns or questions regarding this policy, please feel free to e-mail me at president@ewgaseattle.org.

Membership Update

By Connie Spooner, Membership Chair

Keep Your Membership Info Current

We want to make sure you get all the latest EWGA info, whether it's coming from your Seattle Chapter or from EWGA headquarters. If you recently moved, plan to move in the near future, or if you've changed your email address lately, we want to know about it.

There are several ways to update your personal EWGA contact info:

1. Send to membership@ewgaseattle.org. We'll update our Seattle database and forward the info to Association HQ.
2. Send directly to HQ with an email to mail@ewga.com.
3. Send a fax to HQ at 561-691-0012.
4. Do it yourself by logging on to Members Only at www.ewga.com. (Click on your name under Profile, then click the Edit tab, make your changes, and click Submit.)

If you choose option 2, 3, or 4, please follow it up locally with a note to membership@ewgaseattle.org, so we can be sure our Seattle database is current. (HQ does not notify us of changes they receive.) Whenever you contact Seattle membership with an update, please let us know whether you've already sent the information to EWGA headquarters.

New Membership Benefits

There are a couple of new member benefits that we would like to bring to your attention:

Welcome New Members!

**Merle Gluckman
Martina Guilfoil
Jo Hansen
Teresita Heiser
Jane Millard
Maria Nelson
Carolyn Roys
Bridget Simon
Lauren Simon
Kristina Simpson
Joyce Szymanski
Susan Taylor**

Online Video Golf Tips

Check www.ewga.com on a regular basis for the new “ONE MINUTE GOLF” videos. These sixty second vignettes provide helpful golf tips to get your game on the right track, and highlight moments from EWGA’s “Ask the Industry Expert” and “Web Café” webinars. You can access “ONE MINUTE GOLF” by clicking on the play button on the right side of the home page at www.ewga.com.

Subscription to Golf World

Here’s some great news! Adding to EWGA’s member benefits, all members will soon be receiving a subscription to Golf World, in addition to Golf Digest. This is to replace Conde Nast Portfolio magazine that recently ceased publishing. We are very excited to be offering this weekly golf magazine as a new member benefit, as it is a top notch publication that will keep members in the know on everything golf. Members should begin receiving the first issues within 4-6 weeks

Course of the Month – Foster Golf Links

By Karen Snapp, Communications Chair

Opened in 1925 and now operated by the City of Tukwila, Foster Golf Links is a fun, easily walkable course with several holes that run along the Duwamish River. One of a small but enthusiastic group playing the Wednesday night EWGA league there, Janine Lawless, likes the river holes, along with “#17 because it’s a short par 4!”

Janine’s sister-in-law, Sue Lawless, favors the back 9 because “for a slicer (not that I have ever done that), the back 9 greatly reduces the odds of your ball taking a dip because the water is on the left!”

Janine and Sue point to several reasons why this course is female-friendly, including a real bathroom building (NOT a port-a-potty) that is centrally-located, a hole that’s a par 4 for men but a par 5 for women, and a great staff. There is also plentiful parking and, Janine adds, “a nice clubhouse with a good selection of golf clothing and accessories.” The grill has been under renovation, but re-opened June 23 and should be ready to host post-round meals and beverages.

There are also a few strategically-placed trees on the course. Sue suggests that “a pre-round offering to the trees is not a bad idea. They can save you from disaster or they can create their own!”

There is no driving range at Foster, but there is a putting green. Tee times can be reserved via the link on the course’s website at www.fostergolflinks.com. Greens fees are affordable on weekends--\$32 at peak times, down to \$22 after 3 PM.

The Four ‘F’s of Golf – Fun, Friendship, Fitness, and Fresh Air.

Playing golf burns calories. If you weigh 150 pounds, carry your bag, and play 18-holes, you’ll burn 1800 calories. That’s equivalent to running almost 7 miles. And while you’re at it – why not invite a friend out to play? You’ll have a great time connecting with that friend...and during that four hours you can invite them to join the EWGA! And by the way – whether you are playing golf for fun or professional reasons, think about this: **Here’s why playing golf is such as effective rapport and relationship builder.** *The golf swing takes on average about 1.4 seconds. If your score is 100, you’ve swung the club for 140 seconds,=2 0or slightly more than two minutes. If you are playing with three others, then only about ten minutes are spent actually hitting the ball. What are you doing the rest of the 4-hour round?* Besides having fun and experiencing the many benefits of playing, you are bonding and learning about one another’s backgrounds, families and career histories. How perfect!

July President’s Corner

By Bonnie Lindner, Chapter President

It’s only the first of July and we’re right in the middle of our busy time of year with leagues, weekend golf events, social events, and educational clinics on the calendar. We have just sponsored the 2nd Annual Golf Fore Red Tournament and looking forward to the Chapter Championship later this month. A big thanks to the many volunteers who have made all of these events happen for our membership.

Believe it or not, it's also time to start thinking forward to your 2010 leadership team. If you have an interest in becoming involved in this dynamic organization--whether it be a one-time task, a part time position, or full time participation--now is the time to contact Sally Dixon, Leadership Chair, at leadership@ewgaseattle.org or any of your Board members.

Enjoy your summer and get out there and golf, golf, golf!

Bonnie

